



gluten | γλουτένη



crustaceans |  
καρκινοειδή



Egg | Αυγά



Fish | Ψάρι



Peanuts | Φυστίκια



Soya | Σόγια



Milk | Γάλα



Nuts | Καρποί  
με κέλυφος



Celery | Σέλινο



Mustard | Σινάπι



Sesame | Σουσάμι



Sulphar dioxide & Sulphites  
| Διοξείδιο του θείου



Lupin | Λούπινο



Molluscs | Μαλάκια

Περιέχει / contains: ✓

Ενδέχεται να περιέχει /  
May contain: ✓

**ΠΡΟΣΟΧΗ:** Όλα τα προϊόντα, αποτελούνται από πολλά συστατικά και παράγονται σε κοινούς παραγωγικούς χώρους και εξοπλισμούς έτσι δεν μπορεί να αποκλειστεί η πιθανότητα να υπάρχει σε κάποιο από τα παραπάνω προϊόντα και άλλος αλλεργιογόνος παράγοντας πλέον αυτών που αναγράφονται. Επιπλέον, μπορούν να υπάρξουν αποκλίσεις λόγω αλλαγής προμηθευτών, πρώτων υλών και αναθεώρησης συνταγών.

**IMPORTANT TIP:** All products consist of many ingredients and are produced in the same worktops and equipment so the possibility to completely eliminate the occurrence of another allergen from those above is not feasible. Additionally, there may be variations due to switching suppliers, raw materials and recipe review.

## PASTAS

|                         |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|-------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| TOMATO & BASIL          | ✓ |   | ✓ |   |   | ✓ | ✓ |   | ✓ | ✓ |   |   | ✓ |   |
| MAC & CHEESE            | ✓ |   | ✓ |   |   | ✓ | ✓ |   | ✓ | ✓ |   |   | ✓ |   |
| TRUFFLE MASHROOMS       | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   |
| CHICKEN BROCCOLI        | ✓ |   | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |   |
| PASTITSIO               | ✓ |   | ✓ |   |   | ✓ | ✓ |   | ✓ | ✓ | ✓ | ✓ | ✓ |   |
| CREAMY AGLIO OLIO       | ✓ |   | ✓ |   | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |   |
| CARBONARA               | ✓ |   | ✓ |   | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |   |
| PARMESAN CHICKEN        | ✓ |   | ✓ |   |   | ✓ | ✓ |   |   | ✓ |   | ✓ | ✓ |   |
| BEEF RAGU               | ✓ |   | ✓ |   |   | ✓ | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   |
| CHICKEN TIKKA MASSALA   | ✓ |   | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| PESTO                   | ✓ |   | ✓ |   | ✓ | ✓ | ✓ | ✓ |   | ✓ |   |   | ✓ |   |
| PLANT - BASED BOLOGNESE | ✓ |   | ✓ |   |   | ✓ | ✓ |   | ✓ | ✓ |   |   | ✓ |   |
| PINK SAUCE              | ✓ |   | ✓ |   |   | ✓ | ✓ |   | ✓ | ✓ |   |   | ✓ |   |
| LOUNTZA-HALLOUMI        | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   |   | ✓ |   |
| VEGGIE                  | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   |
| SEAFOOD PASTITSIO       | ✓ | ✓ | ✓ | ✓ |   | ✓ | ✓ |   | ✓ | ✓ |   |   | ✓ |   |

## SALADS

|                                 |   |  |   |   |   |   |   |   |   |   |   |   |   |  |
|---------------------------------|---|--|---|---|---|---|---|---|---|---|---|---|---|--|
| SWEET CHILI TUNA SALAD          | ✓ |  | ✓ | ✓ | ✓ | ✓ |   | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |  |
| HONEY MUSTARD CHICKEN SALAD     | ✓ |  | ✓ |   | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |  |
| BEETROOT PASTA SALAD            | ✓ |  |   |   |   | ✓ | ✓ | ✓ |   | ✓ |   | ✓ | ✓ |  |
| BLT/ BACON LETTUCE TOMATO SALAD | ✓ |  | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |  |

## EXTRAS

|                        |  |  |  |  |  |  |  |  |  |  |  |   |  |  |
|------------------------|--|--|--|--|--|--|--|--|--|--|--|---|--|--|
| ΦΡΕΣΚΑ ΜΑΝΙΤΑΡΙΑ       |  |  |  |  |  |  |  |  |  |  |  | ✓ |  |  |
| ΚΑΡΑΜΕΛΩΜΕΝΑ ΚΡΕΜΜΥΔΙΑ |  |  |  |  |  |  |  |  |  |  |  | ✓ |  |  |

| EXTRAS (cont.)          |   |  |   |  |   |   |   |   |   |   |   |   |   |
|-------------------------|---|--|---|--|---|---|---|---|---|---|---|---|---|
| SWEET CHILLI TUNA SAUCE |   |  | ✓ |  |   |   |   |   |   | ✓ |   | ✓ |   |
| HONEY MUSTARD SAUCE     | ✓ |  | ✓ |  | ✓ |   |   | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| BLT SAUCE               | ✓ |  | ✓ |  | ✓ |   |   | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| ΠΟΥΡΕΣ ΣΚΟΡΔΟΥ          |   |  |   |  |   |   |   |   |   |   |   |   |   |
| ΤΡΑΓΑΝΟ ΜΠΕΙΚΟΝ         |   |  | ✓ |  | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| PARMESAN DIP            |   |  | ✓ |  |   |   | ✓ |   |   |   |   |   |   |
| ΚΟΤΟΠΟΥΛΟ               | ✓ |  | ✓ |  |   | ✓ | ✓ |   |   | ✓ |   | ✓ |   |
| ΜΠΡΟΚΟΛΟ                |   |  |   |  |   |   |   |   |   |   |   |   |   |
| ΝΤΟΜΑΤΙΝΙΑ              |   |  |   |  |   |   |   |   |   |   |   |   |   |
| ΛΑΔΙ ΤΡΟΥΦΑΣ            |   |  |   |  |   |   |   |   |   |   |   |   |   |
| ΚΑΥΤΕΡΗ ΣΑΛΤΣΑ          | ✓ |  |   |  | ✓ |   |   | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |